

Reception Medium Term Plan – People Who Help Us 2025 - 2026

Literacy

Children will be introduced to uppercase letters and their usage in the names of special people, such as firefighters and other professions. They will focus on letter formation and practice writing these letters using sand and whiteboards. Additionally, the students will learn high-frequency words and use them to create sentences. They will engage in blending and segmenting activities to enhance their reading skills. The children will also explore the storybook "Jobs around town" together.

Maths

Children will continue to develop their skills in number formation, recognition, and ordering. They will work with numbers from 1 to 20 and practice simple addition and subtraction using estimation, number lines, Numicon, and ten frames. They will also be introduced to skip counting by 5s and 10s, which will help them understand the concept of doubling.

Physical Development

Children will navigate an exciting obstacle course, experiencing the challenges faced by different helpers. Yoga sessions will introduce them to helper-themed poses, fostering balance and flexibility. Creating puppets of helpers will encourage fine motor skills and imaginative play. They will also participate in a fitness challenge, performing exercises inspired by different professions to promote strength and coordination.

Art and Expressive design

They will create colorful collages depicting various helpers using different materials such as paper, fabric, and craft supplies. They will also explore role-play by designing and decorating their own uniforms or costumes representing different professions. Additionally, children will engage in imaginative drawing and painting activities to depict scenes of helpers in action, expressing their creativity and storytelling skills.



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Understanding the world

Children will share their prior experiences and knowledge about doctors and hospitals. They will discuss the differences in police uniforms across different countries. Students will learn the emergency number 112 and engage with various multimedia resources to expand their vocabulary and comprehension. They will also identify and recognise different siren sounds.

Communication and Language

Children will engage in activities that promote language development and safety awareness. They will participate in discussions to recall and expand their existing vocabulary, enhancing their descriptive language skills. They will review sequencing and introduce the concept of making predictions. Children will learn about taking care of someone who is sick through related vocabulary, understanding the importance of empathy and caregiving. Additionally, they will learn about road safety, including when it is safe to cross the road and the concept of stranger danger. They will also identify safe individuals to approach when they need help.

Personal, Social and Emotional Development

Children will actively participate in discussions to share their understanding of different important roles in society, such as policemen, doctors, firefighters, etc. They will have the opportunity to describe these roles using words, pictures, or through role play, fostering their creativity and communication skills. Additionally, they will explore ways to prevent accidents by engaging in activities related to planning, discussing the importance of wearing appropriate clothing, and understanding the significance of maintaining a healthy diet.