

# Reception Medium Term Plan – Unique Me 2025 - 2026

## Literacy

During this term, the children will begin by exploring initial sounds and practicing letter formation using sensory materials such as sand, markers, and paint. They will also engage in activities that focus on the five senses: smelling, tasting, hearing, touching, and seeing. The students will have opportunities to actively experience different sensations by touching, smelling, tasting, listening, and observing various things.

## Physical Development

During this topic, children will undergo a baseline assessment to evaluate their existing knowledge. They will have the opportunity to experience a sensory course with elements like artificial grass, bubble wrap, or aluminum foil. Various activities will be provided to help develop their fine motor skills, including tasks that focus on balance, body movement, changing direction, mark making, and writing their own names. Additionally, the children will engage in navigating obstacle courses, participate in Total Physical Response (TPR) games, and enjoy dancing activities.

## Maths

During this topic, children will actively engage in number recognition and formation activities focusing on numbers 0-5. They will practice ordering numbers from 0 to 5 and review 2D shapes. Introduction to basic patterns will be explored, and the children will be introduced to writing dates. They will learn cardinal numbers and participate in singing number songs to reinforce their understanding and retention of numerical concepts.

## Art and Expressive design

The children will concentrate on improving their mark making skills and developing their pencil grip. They will be introduced to directed drawing activities, where they will learn to draw their own face with two eyes, a nose, and a mouth. They will also review primary colors and learn about secondary colors. Through TPR (Total Physical Response) games and songs, role play, and cut-and-paste activities, the children will actively engage in learning and practicing these skills.



## Reception Unique Me

## Communication and Language

The children will focus on learning and understanding classroom rules. They will listen to stories about families and explore the concept of the five senses. The children will have the opportunity to create a collection of nonfiction books, developing their reading and research skills. They will also learn about the importance of active listening and practice using new vocabulary. Throughout the topic, the children will enhance their communication skills by articulating their ideas in well-formed sentences.

## Personal, Social and Emotional Development

During this topic, children will be encouraged to explore how their senses of sight and hearing contribute to their safety. They will have opportunities to express and manage their emotions through engaging in calming sensory activities.

## Understanding the world

During this topic, children will actively participate in sensory experiences by engaging in tasting, feeling, smelling, and touching different objects to enhance their understanding of the senses. They will go on a senses walk, where they will focus on exploring their surroundings using their senses. Additionally, students will have the opportunity to discuss their families and the age order of family members, from oldest to youngest.